



Fostering wellbeing in our communities

Our Charter

COB – UK is an affiliate chapter of **ICOB** in accordance with the by-laws and is a fully registered UK Charitable organisation under the following objectives:

- We are non-partisan, non-religious and embrace all Banyakigezi and friends regardless of tribe, clan, class, gender, or disability.
- “Okumanyana”- to know one another and network. The organisation promotes, preserves and projects of members’ cultural diversity, educational, social, literary, economic, and philanthropic interests.
- Mobilising and offering help, assistance, and support to members

Who We Are

About Us

A Community based, voluntary organisation whose primary objective is to promote within its members and associates, the community spirit of **Okumanyana, Obumwe, Okunywana** (friendship). Promoting Culture and Social wellbeing within its membership.

Contact Us

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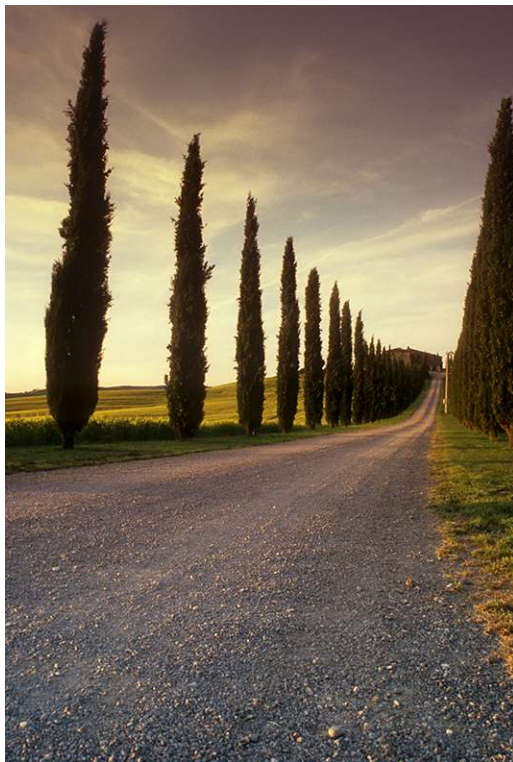


**COMMUNITY
OF
BANYAKIGEZI**

ICOB 2024

in times of difficulties such as illness or bereavement as well as celebrating diversity, happy occasions such as marriage or other festivals.

- Promoting the Youth and activities aimed at empowering the Youth as a present and future generation aligning with our Kigezi heritage of “Ubuntu”.



The road to success is long but easier with a helping hand.

ICOB 2024



COB-UK will be hosting the 20th ICOB Convention in London under the theme:

“Fostering Mental wellbeing and financial literacy in our communities.”



Promoting health and wellbeing at the heart of communities

Don't forget to include some specifics about what you offer and how you differ from the competition.

What to expect at ICOB 2024!

- Panel discussions
- Presentations
- Academic and practical solutions to everyday challenges in mental health and finance and social lifestyles

Our Activities

Bataka Tweyambe



This is a community-based self-help voluntary initiative that works on the basis of “stronger together”.

- ▶ Community membership-savings scheme
- ▶ Promoting a spirit of financial interdependence and cohesion
- ▶ Growth and promotion, emancipation as a society

Aims

The aim of the Social Responsibility Policy is to provide a framework for our members to contribute financially to its members faced with sudden life changing situations like death of a member, immediate family member or serious medical condition that results into a financial hardship for the member

There is no better time than now especially after Covid-19 ravaged the entire globe to commune and talk about our mental wellbeing while looking at aspects of financial literacy in ensuring we steer clear of the looming economic crisis. We believe our combined effort to create awareness within our communities will yield tremendous economic and social benefits to the region and country. We will hear from experts in the areas of mental health, finance and wealth creation.

It will also be a time of interaction, traditional cultural performances and merrymaking in our usual Banyakigezi style.

Where will ICOB 2024 be held?

The Convention will be held at the **Syon Park, Brentford, Middlesex, TW7 6AZ**, from **Thursday 25th July to Monday 29th July 2024**.

Hilton London Syon Park

We're on the edge of the 200-acre Syon Park Estate, home to the Duke of Northumberland for over 400 years. Syon Lane rail station is a mile away, and we're three miles from Twickenham Stadium. We offer dining, event space, and packages for our adults-only spa. Enjoy complimentary access to Syon Gardens during their open hours, March to September. Based in Southwest

Topics:

“Financial Literacy, wealth creation as a medium of fostering mental wellbeing in our society”

“Identifying opportunities for policy interventions and advocacy to address the interconnected issues of financial literacy and mental health”

Our speakers and moderators

Prof Augustus Nuwagaba



An international consultant on economic transformation. He is a wealth creation expert in Africa. He is qualified (MBA) in application of central bank monetary policy on commercial bank competitiveness.

Dr Florence Baingana

for example hospitalisation* of a member for more than 6 weeks.

The plan is to have the scheme fully setup as a Savings and Investment Community Organisation.

Beneficiaries

The policy shall only benefit fully paid-up members of COB-UK who have paid their Annual membership and made their monthly Social Responsibility (Bataka Tweyambe) contributions.

London, we are proud to host ICOB 2024.

Convention booking details

Website:

<https://www.hilton.com/en/hotels/lhrs-phi-hilton-london-syon-park>

Fees:

Accomodation:

£225 (Double room)

£118.50 (shared occupancy)

Convention:

Full board - £250

Convention only - £150

Dinner Dance only - £150

BBQ - £75



Psychiatrist and mental health champion for Africa based at the UN. (more to follow)